

*Six Handfuls* is a setting of six of the eleven “Handfuls”, a collection of short poems by Carl Sandburg. Jonathan Nussman, a fine baritone and personal friend, had sung some of my other settings of Sandburg and asked if I could write him a cycle based on these poetical *amuse-bouche*. They were written while I was hiking in Colorado with my wife while we were on our honeymoon.